

2017-2018 STRINGS

Degree structure

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Course descriptions

Bachelor of Music (180 ECTS)

Major subject studies, minimum 90 ECTS

Main instrument

Possible other instrument studies

Ensemble playing or chamber music

Studies in orchestra playing minimum 18 ECTS

Demonstration of proficiency 10 ECTS

Maturity essay

Secondary studies, minimum 40 ECTS

Music theory and solfège minimum 24 ECTS

Music history minimum 9 ECTS

Pedagogical studies

Planning of studies

Language studies 8 ECTS

Second domestic language

Foreign language

Optional studies, minimum 10 ECTS

Master of Music (150 ECTS)

Major subject studies, minimum 100 ECTS

Instrument studies

Ensemble playing or chamber music

Studies in orchestra playing minimum 8 ECTS

Theoretical studies and research and writing skills minimum 9 ECTS

Demonstration of proficiency (incl. maturity essay) 20 ECTS

Optional studies minimum 30 ECTS

A Master's student who is studying in the 2,5 year programme and does not have a Bachelor degree from the Sibelius Academy, needs to complete the planning of studies course.

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MAIN SUBJECTS AND DEMONSTRATION OF PROFICIENCY

3ok- ORCHESTRAL INSTRUMENT

(Bachelor of Music) (26 + 26 + 22, 74 ECTS credits, 1976 hrs)

3ok-1 Flute
3ok-2 Oboe
3ok-3 Clarinet
3ok-4 Bassoon
3ok-5 Saxophone
3ok-6 French horn
3ok-7 Trumpet
3ok-8 Trombone
3ok-16 Euphonium
3ok-9 Tuba
3ok-10 Percussion
3ok-11 Harp
3ok-12 Violin
3ok-13 Viola
3ok-14 Cello
3ok-15 Double bass

Learning outcomes

Students will:

- qualify for the Bachelor of Music Level B performance examination
- obtain a command of the necessary playing technique
- become familiar with the key styles and interpretations of their instrument
- come to an agreement with the teacher about the annual goals of instrument study

The studies include a graded performance every year. Violin: if it is decided so.

Assessment

Pass/Fail

Instruction and study

Individual instruction for a 56 hours for no more than three academic years

Instruction in small groups at discretion

3om- ORCHESTRAL INSTRUMENT

(Master of Music) (28 + 28 + 12, 68 ECTS credits; 1816 hrs)

3om-1 Flute
3om-2 Oboe
3om-3 Clarinet
3om-4 Bassoon
3om-5 Saxophone
3om-6 French horn
3om-7 Trumpet
3om-8 Trombone
3om-16 Euphonium

3om-9 Tuba
3om-10 Percussion
3om-11 Harp
3om-12 Violin
3om-13 Viola
3om-14 Cello
3om-15 Double bass

Learning outcomes

Students will:

- obtain the necessary skills to perform artistic work
- qualify for the Master of Music Level A performance examination
- obtain a command of the necessary playing technique
- become familiar with the key styles and interpretations of their instrument
- come to an agreement with the teacher about the annual goals of instrument study

This course will qualify the student for further studies.

The studies include a graded performance every year.

Assessment

Pass/Fail

Instruction and study

Individual instruction for a 56 hours for no more than three academic years

Instruction in small groups at discretion

Performance in every academic term. Violin: if it is decided so.

3eok- ORCHESTRAL INSTRUMENT

(Bachelor of Music), exchange student (3-24 ECTS credits, 81-641 hrs)

Learning outcomes

Students will:

- qualify for the Bachelor of Music Level B performance examination
- obtain a command of the necessary playing technique
- become familiar with the key styles and interpretations of their instrument
- come to an agreement with the teacher about the annual goals of instrument study

This course includes a graded performance every semester

Assessment

Pass/Fail

3eom- ORCHESTRAL INSTRUMENT

(Master of Music), exchange student (3.5-28 ECTS credits, 94-748 hrs)

Learning outcomes

Students will:

- obtain the necessary skills to perform artistic work
- qualify for the Master of Music Level A performance examination
- obtain a command of the necessary playing technique

- become familiar with the key styles and interpretations of their instrument
- come to an agreement with the teacher about the annual goals of instrument study

This course will qualify the student for further studies.

These studies include a graded performance every semester.

Assessment

Pass/Fail

o3ok- DEMONSTRATION OF PROFICIENCY, CLASSICAL INSTRUMENT

(Bachelor of Music) (10 ECTS credits)

Content

For the Demonstration of Proficiency, students will demonstrate a command of the major subject and that they have achieved the learning outcomes of their major subject.

Attainments included in the demonstration of proficiency:

An artistic Level B performance examination including related repertoire and other requirements

A maturity essay in writing:

Writing an essay (4 standard pages) related to the field of study on a general examination day or the equivalent.

With the maturity essay, students will demonstrate that they have met the objectives set for the degree, courses, and Demonstration of Proficiency, as well as the language skills outlined in Section 6 of the Government Decree on University Degrees (794/2004).

Assessment

The artistic performance examination is assessed by a jury appointed by the dean on a scale of 0–5 or Pass/Fail.

The essay is evaluated by the teacher of the main instrument or another teacher appointed by the department head on a scale of Pass/Fail.

o3om- DEMONSTRATION OF PROFICIENCY, CLASSICAL INSTRUMENT

(Master of Music) (20 ECTS credits)

Content

With the Demonstration of Proficiency, students demonstrate a command of the major subject and that they have achieved the learning outcomes of their major subject.

Attainments included in the demonstration of proficiency:

An artistic Level A performance examination, including related repertoire and other requirements.

A maturity essay in writing:

The text for the programme leaflet must include background information about the works to be played. The text can also include a brief review of cultural history. It must be submitted for assessment in connection with the enrolment for the performance examination. If the student completes the performance examination in two parts, he or she must submit the texts for both concerts in connection with the enrolment for the first performance examination.

With the maturity essay, students demonstrate that they have met the objectives set for the degree, courses, and Demonstration of Proficiency, as well as the language skills outlined in section 6 of the Government Decree on University Degrees (794/2004). A student does not have to demonstrate skills in Finnish or in Swedish in the maturity essay for a master's degree if he or she has already demonstrated his or her language skills in a maturity essay in the same language for the bachelor's degree.

Prerequisites

Other studies included in the individual study plan.

Assessment

The artistic performance examination is assessed by a jury appointed by the dean on a scale of 0–5 or Pass/Fail. The essay is evaluated by the teacher of the main instrument, the chair of the performance examination jury, or some other teacher appointed by the department head on a scale of Pass/Fail.

o3om1- DEMONSTRATION OF PROFICIENCY, CLASSICAL INSTRUMENT

(Master of Music), Chamber Music orientated (20 ECTS credits)

Content

With the Demonstration of Proficiency, students demonstrate a command of the major subject and that they have achieved the learning outcomes of their major subject.

Attainments included in the demonstration of proficiency:

An orchestral instrument as the main instrument: instead of Level A performance examination Demonstration of Proficiency can be chamber music-oriented, artistic performance examination with the following requirements:

Two concerts: one more informal with emphasis on the student's instrument, the other a chamber music concert. The programmes for both concerts and the repertoire must be approved by the Professor of Chamber Music. The two concerts must be given within six months.

A maturity essay in writing:

The text for the programme leaflet must include background information about the works to be played. The text can also include a brief review of cultural history. It must be submitted for assessment in connection with the enrolment for the performance examination. If the student completes the performance examination in two parts, he or she must submit the texts for both concerts in connection with the enrolment for the first performance examination.

With the maturity essay, students demonstrate that they have met the objectives set for the degree, courses, and Demonstration of Proficiency, as well as the language skills outlined in section 6 of the Government Decree on University Degrees (794/2004). A student does not have to demonstrate skills in Finnish or in Swedish in the maturity essay for a master's degree if he or she has already demonstrated his or her language skills in a maturity essay in the same language for the bachelor's degree.

Prerequisites

Other studies included in the individual study plan.

Assessment

The artistic performance examination is assessed by a jury appointed by the dean on a scale of 0–5 or Pass/Fail. The essay is evaluated by the teacher of the main instrument, the chair of the performance

examination jury, or some other teacher appointed by the department head on a scale of Pass/Fail.

ORCHESTRAL TRAINING

30a14k ORCHESTRAL PERFORMANCE (Bachelor of Music)

(in total, a minimum of 18 ECTS credits, 481 hours, 1.5–6 ECTS credits per year in attendance, in a manner regulated by the dean)

Learning outcomes

Students will:

- become extensively acquainted with orchestra work
- demonstrate knowledge and understanding of the main periods of orchestral music
- become prepared to work in an orchestra as a professional musician.

Assessment

Pass/Fail

Instruction and study

Rehearsals and public performances as defined by the dean

Performances

Regular attendance at the rehearsals and public performances

30a14m ORCHESTRAL PERFORMANCE (Master of Music)

(in total, a minimum of 8 ECTS credits, 214 hours, 1.5–8 ECTS credits in attendance, in a manner regulated by the dean)

Learning outcomes

Students will:

- become extensively acquainted with orchestra work
- demonstrate knowledge and understanding of the main periods of orchestral music
- become prepared to work in an orchestra as a professional musician.

Assessment

Pass/Fail

Instruction and study

Rehearsals and public performances as defined by the dean

Performances

Regular attendance at the rehearsals and public performances

3ov93 TRAINING FOR ACTING AS THE PRINCIPAL OF STRINGS / PLAYING PARTS

(1-5 ECTS credits, 27-134 hrs)

Learning outcomes

Students will:

- learn to act as the leader/concert master/principal in an orchestra
- become familiar with the basic factors that affect ensemble playing
- acquire the skills necessary for solving problems in ensemble playing
- acquire the skills necessary for solo tasks in different styles

The objective is for the students to become familiar with the tasks of the principal and the section player in the strings section, to facilitate the shift to working life and to learn through one's own work to carry out conducting tasks and to take responsibility for the group. This module concentrates on essential orchestral repertoire. An audition is arranged for the students planning to take this course.. which can be counted as optional studies.

Content

Attendance at the introduction and the audition (1 ECTS credit)

Acting as a principal in a professional orchestra (2 ECTS credits per workshop)

Assessment

Pass/Fail

Recommended year of study

5 and a half year programme: Second academic year onwards

2 and a half year programme: First academic year onwards

Instruction and study

Lectures; playing and bowing tasks

Acting as the principal of strings in the Sibelius Academy orchestra

Contact tuition 25 hours

Performances

Class attendance

3v32 AUDITION TRAINING

(2 ECTS credits, 54 hrs)

Audition training is available for the following instruments:

flute, oboe, clarinet, bassoon, saxophone, corno, trumpet, trombone, euphonium and tuba, percussion, harp, violin, viola, cello, and double bass.

Learning outcomes

Students will:

- become familiar with the audition practices for professional orchestras
- become familiar with the repertoires used at auditions

Assessment

Pass/Fail

Instruction and study

Instruction for small groups, individual work, mental coaching and an audition

Performances

Class attendance and audition

3ov92 TRAINING FOR ACTING AS THE LEADER OF STRINGS

(1-5 ECTS credits, 27-134 hrs)

Learning outcomes

Students will:

- learn to act as the leader/concert master/principal in an orchestra
- become familiar with the basic factors that affect ensemble playing
- acquire the skills necessary for solving problems in ensemble playing
- acquire the skills necessary for solo tasks in different styles

The objective is for the students to become familiar with the tasks of the concert master, to facilitate the shift to working life and to learn through one's own work to carry out conducting tasks and to take responsibility for the group. An audition is arranged for the students planning to take this course, which can be counted as optional studies. This course is arranged approximately every third year.

Content

Attendance at the introduction and the audition (1 ECTS credit)

Acting as a concert master or second concert master during an orchestra workshop (1 ECTS credit per workshop)

Assessment

Pass/Fail

Recommended year of study

5 and a half year programme: Second academic year onwards

2 and a half year programme: First academic year onwards

3v40 COORDINATION OF AN ORCHESTRA SECTION

(1.5–3 ECTS credits, 40–80 hrs)

Learning outcomes

Students will learn to act as the contact person of their section.

Assessment

Pass/Fail

3pokha1 CHAMBER MUSIC 1

(3 ECTS credits, 80 hrs)

Learning outcomes

The goal is to become familiar with chamber music. At least two chamber music pieces are rehearsed during the course. Can also be completed in accordance with the description of courses vm4, vm5 or Lied

duo. This course can be taken several times beginning from the 1st year of study.

Assessment

Evaluation by a jury with two members: Pass/Fail.

Transferable credits

If the student has already completed the course, the chamber music instructor in charge or the head of department can decide whether the student's practical skills and/or previous studies may be substituted for this course. This course cannot be substituted for more than once (1x3 ECTS credits).

3pokha2 CHAMBER MUSIC 2

(12 ECTS credits, 320 hrs)

Learning outcomes

The goal is that students/ ensembles become well-acquainted with chamber music literature, learn about the performance practices of different composers and styles, and gain the skills necessary for playing chamber music independently. Eight chamber music pieces are rehearsed during the course. This course can be taken several times. This course cannot be substituted.

Assessment

Evaluation by jury on a scale of 0–5. If necessary, the jury can give a specific member of the ensemble a grade that is different from that of the ensemble. The jury consists of the chair and 2 other members.

Preceding courses

Chamber music 1

Instruction and study

Instruction in different chamber music groups for a maximum of 60 hours per academic year

Performances

- 1 Class attendance
- 2 Public performances
- 3 One assessed performance equals a complete concert programme (e.g., three large-scale works)

3oa4 SIGHT-READING AND ORCHESTRAL LITERATURE

(2 ECTS credits, 54 hrs)

Learning outcomes

Students will:

- develop their notation perception skills
- become familiar with central orchestral literature and the technical problems of orchestral music representing different styles
- develop their professional skills for orchestra work

Assessment

Pass/Fail

Instruction and study

Rehearsals 32 hours

Performances

Attendance at rehearsals

This course can be credited under optional studies. The study module can be repeated several times.

3v51 EXAMINATION ORCHESTRA/CHOIR

(0.5-2 ECTS credits, 13-54 hrs)

Learning outcomes

Students will become familiar with one or more orchestral works with accompaniment

Assessment

Pass/fail

3v39 OPTIONAL ORCHESTRA

(1.5–10 ECTS credits, 40–267 hrs)

Learning outcomes

Students will become familiar with

- orchestral playing
- different style periods of orchestral music

Assessment

Pass/Fail

PEDAGOGICAL STUDIES**2ip11 INTRODUCTION TO PEDAGOGY**

(1 ECTS CREDIT, 27 HOURS)

Objectives

Students acquire:

- fundamental knowledge of teaching, sectors of teaching and related working methods
- the ability to analyse teaching situations
- an understanding of teaching interactions

Recommended year of completion

First year, spring semester

Evaluation

pass/fail

Teaching methods

A maximum of 10 hours of lectures

Working methods

- lecture attendance

- observation of teaching (a maximum of 10 hours)
- individual work (7 hours)

Requirements and evaluation methods

- lecture attendance or make-up assignments
- observation of teaching and reports

30a18–PEDAGOGY OF ORCHESTRAL INSTRUMENTS 1 / STRING INSTRUMENTS

(10 ECTS credits, 267 hrs)

Learning outcomes

Students will:

- acquire the skills necessary for instrument instruction
- acquire command of the various methods of instrument instruction
- learn to set objectives for teaching and understand their effect on the selection of learning contents and teaching methods
- become familiar with teaching methods at the beginner's and basic levels
- acquire the skills necessary for guiding artistic expression
- become capable of flexible communication and interaction with their beginning pupils
- learn to plan instruction
- learn to assess their teaching and the progress of a student and give feedback
- learn to justify their choices and decisions in teaching
- become familiar with group instruction and ensemble instruction
- adopt the identity of a teacher
- become familiar with the structure, care and maintenance of their instrument
- demonstrate knowledge and understanding of the ergonomics of their instrument
- qualify for Pedagogy 2

Assessment

The lecturing teacher evaluates the revision test on a scale of pass/fail.

The supervising teacher evaluates the training lessons on a scale of pass/fail.

The supervising teacher evaluates the teaching demonstration with the help of a colleague on a scale of pass/fail.

Preceding courses

2ip11 Introduction to Pedagogy

Transferable credits

Pedagogy I taken at a university or a college of higher education can be substituted for requirements II–IV.

Instruction and study

- Lectures, demonstrations and guided group work up to 60 hours
- Observation of teaching and evaluation 15 hours
- Teacher training: 30 hours, with 15 hours supervised
- Guided group lessons 5 hours
- Performances
- Class attendance (pass / fail), attendance diary
- An observation chart (incl. observation of teaching and evaluation)

- Training lessons, assessment by the supervisor on a scale of pass/fail
- Participation in group work (pass/fail)
- A learning diary (pass/fail)
- Teaching demonstration (teaching and planning skills, familiarity with teaching methods and materials, feedback skills, and interactive skills are assessed on a scale of pass/fail).

30a16–PEDAGOGY OF ORCHESTRAL INSTRUMENTS 2 / STRING INSTRUMENTS

(10 ECTS credits, 267 hrs)

Learning outcomes

Students will:

- develop their skills in instrument teaching
- demonstrate knowledge and understanding of various methods of instrument teaching
- become familiar with the special didactic features and the applicability of different styles of music composed and arranged for the instrument
- learn to plan and assess teaching and level performances and justify the assessment
- become familiar with the objectives when teaching students with different ambitions
- acquire the skills necessary for ensemble instruction
- learn to enhance the student's interpretative vision, artistry, and creativity
- acquire the skills for uncomplicated interaction with students at different levels and ages
- become familiar with the history of the pedagogy of their instrument
- acquire the skills and knowledge for professional development
- qualify for Pedagogy 3

Assessment

The lecturing teacher evaluates the revision test on a scale of pass/fail.

The supervising teacher evaluates the training lessons on a scale of pass/fail.

The supervising teacher evaluates the teaching demonstration with the help of a colleague on a scale of pass/fail.

Preceding courses

Pedagogy 1 and Level B under preparation.

Transferable credits

Pedagogy II taken at a university or a college of higher education can be substituted for requirements II–IV. In this case, the grade for the training lessons is the grade given by the university or a college of higher education but adapted to a scale of 0–5.

Instruction and study

- Lectures, demonstrations and guided group work up to 60 hours
- Observation of teaching and evaluation 15 hours
- Practice teaching (one pedagogic practice pupil) 30 hours, of which 15 hours supervised
- Guided group lessons 5 hours
- Performances
- Review a lecture, a methodological examination, or previous literature
- Participation in group work
- Observation of teaching and evaluation
- Teaching practice lessons

- A learning diary
- Teaching demonstration (teaching and planning skills, familiarity with teaching methods and materials, feedback skills, and interactive skills are assessed on a scale of 0–5).

SECONDARY STUDIES

Courses in music theory and solfège are listed under “Language, study planning, western art music history, and music theory studies and research and writing skills”

y38 STUDY PLANNING

(2 ECTS credits, 54 hrs)

Learning outcomes

Students:

- are capable of beginning their studies smoothly
- acquires sufficient information about the functions of the university
- know how to plan and write an individual study plan (HOPS), and update it if necessary
- know the structure of their degree, course, and study modules included in it, and how major subject studies should proceed
- familiarise themselves to the study of their major subject at Sibelius Academy

Assessment

Pass/Fail

OTHER STUDIES

3c11 PERIOD INSTRUMENT 1 / SECONDARY INSTRUMENT

(5 ECTS credits, 134 hours)

Instruction is available in the following period instruments:

Traverso, recorder, baroque oboe, classical clarinet, baroque bassoon, natural horn, baroque trumpet, baroque trombone, baroque violin, baroque viola, viola d'amore, baroque cello, viola da gamba, and violone.

Learning outcomes

Students

- will become familiar with the historical predecessors of their instruments
- will become familiar with different styles and ways of expression
- will become familiar with embellishments and ornaments
- will acquire skills for period ensemble playing
- will qualify for further studies

Assessment

Pass/Fail

Instruction and study

Individual instruction a maximum of 14 hours

Independent practice

Methods of completion and assessment

Class attendance

Assessed by the teacher

3c12 PERIOD INSTRUMENT 2 / SECONDARY INSTRUMENT

(5 ECTS credits, 134 hours)

Instruction is available in the following period instruments:

Traverso, recorder, baroque oboe, classical clarinet, baroque bassoon, natural horn, baroque trumpet, baroque trombone, baroque violin, baroque viola, viola d'amore, baroque cello, viola da gamba, and violone.

Learning outcomes

Students

- will become extensively familiar with period instruments
- will become extensively familiar with different styles and ways of expression
- will acquire advanced instrumental skills
- will acquire advanced skills for period ensemble playing

Assessment

Pass/Fail

Preceding courses

3c11 Period Instrument 1 / Secondary Instrument

Instruction and study

Individual instruction a maximum of 14 hours

Independent practice

Methods of completion and assessment

Class attendance.

Performance examination: Three works assessed by the teacher and one colleague.

3ov15 INTENSIVE IMPROVISATION FOR STRING INSTRUMENTALISTS

(1 ECTS credit, 27 hours)

In this study module, students obtain skills for improvisatory expression and become familiar with improvisation in practicing and teaching. Coursework will focus on the building and implementation of ensemble and solo improvisation. This course will develop students' proactivity, self-expression, accompanying, and composition skills, and group and project work skills. Students will become familiar with styles featuring improvisation on strings, related playing techniques, and electronic sound treatment for string instruments. No previous experience in improvisation is required. This module can be included in a project. It is intended for violin, viola, cello, double bass, and period or early instrument students.

Learning outcomes

Students:

- are able to improvise in an ensemble and a small group
- are able to improvise solos
- are familiar with practice and teaching methods based on improvisation

Assessment

Pass/Fail

Instruction and study

- Group instruction up to 20 hours including improvisation in an ensemble and a small group
- Individual work including instrument practice, reading exercises, and improvisation and composition exercises
- This course will culminate in a performance or recording of students' works with emphasis on improvisation
- Performances
- Class attendance
- Completion of written assignments
- Self-evaluation

OPTIONAL STUDIES

More optional courses can be found for example in "Common courses, classical music"

3v26 CREATIVE SKILLS 1

(3 ECTS credits, 80 hrs)

Learning outcomes

Students will:

- be familiar with the skills needed for constructive interaction and communication (bodily and verbal communication)
- obtain skills for group work and different workshop techniques-be familiar with the creative process and its use as a teaching tool.-learn to use simple basic structures (e.g. movement, emotion, language) as teaching material.
- obtain versatile skills for improvisation

The course is arranged every autumn semester. Students from outside Sibelius Academy can participate through the Open University

Assessment

Pass/Fail

Instruction and study

- Instruction a maximum of 54 hours, including
- Workshops
- Project work
- Participation in the final production
- Feedback discussions
- Written assessment

Performances

- Participation in contact teaching and workshops.
- Self-evaluation
- Written assessment
- Participation in a production

3v31 CREATIVE SKILLS 4

(3 ECTS credits / 80 hrs / advanced studies)

Creative skills of a musician in instrument pedagogy

The course builds on the basics of Creative Skills 1-3 and explores new ways of arriving at uninhibited musicianship. Participants can make music even from pictures and poems.

- They can also use their imaginations and emotions in their musical expressions.
- Rehearsing keeping a steady pulse in ensemble playing via various exercises.
- Creating new ensemble pieces using various approaches.
- Apply the newly acquired skills and learn new ways of teaching an instrument in both group and private instruction.
- Learn new approaches to planning and arranging various instrument workshops and own projects.
- Develop new application opportunities together.
- The course is intended for major subject students.

Learning outcomes

- Students are able to express themselves in playing more freely and diversely
- Students can apply their free playing expression to their studies and performances
- Students are able to apply various starting points to their own improvisation and teaching of improvisation
- Students are capable of developing an improvised ensemble playing into a structured performance in cooperation with others
- Students are capable of applying their learning to instrument pedagogy in both group and private instruction for all ages.
- Students are capable of independently planning their own projects in instrument teaching.
- Students are capable of applying their education to create new ways of teaching improvisation

Assessment

Pass/Fail

Preceding courses

Creative skills 1

3v49 PERFORMANCE COACHING 1

(2 ECTS credits, 53 hrs)

Learning outcomes

Students learn to develop as musicians, performers, and learners while finding their strengths and personalities as musicians.

Content

Course activities include examination of the physical and psychological factors present at a public performance, contacts with the audience, and working under pressure. The students will learn about methods of handling a performance situation. In the course, the students also learn to set meaningful goals for themselves and study methods of enhanced practice and learning. The development of practice techniques and performance skills is recorded through portfolio work.

Assessment

Pass/fail

Preceding courses

It is recommended that this course be completed at the beginning of studies.

If necessary, a proficiency test will be arranged for Open University students; a survey of previous studies may also be conducted.

Instruction and study

Group instruction: up to 30 hours, including discussions and practice.

Requirements

Active participation in coursework

3v50 PERFORMANCE COACHING 2

(1 ECTS credit, 27 hrs)

Content

Course work includes practice, discussions, relaxation and visualisation exercises, practice with the instrument and music scores, and videotaped performance practice.

Learning outcomes

Students will be able to apply the skills that they learned in the lectures in practice, recognize the requirements of different public performances and understand how to prepare for them.

Assessment

Pass/fail

Preceding courses

Performance coaching 1

It is recommended that this course be completed at the beginning of studies.

Instruction and study

Small group work in instrument groups: up to 15 hours.

Requirements

Active participation in coursework

Please note

It is possible to take Performance Coaching 1 and 2 simultaneously.

3v66 PERFORMANCE COACHING 3

(2-5 ECTS credits, 1 semester)

Learning outcomes

Students will:

- learn to look for new types of performance opportunities and places
- learn to encounter different audiences
- learn to plan balanced performances for different audiences
- learn to communicate with the audience and present the music that he or she is going to play
- understand the principles of audience education

Preceding courses

Performance coaching 1 and 2

Assessment

Evaluation by the teacher and a colleague on a scale of Pass/fail

Instruction and study

Seminar work: 21 hours

Methods

- Planning a performance with a peer
- Organisation and implementation of the performance
- Peer assessment of the performance
- Written report on the production of the performance

Performances and assessment

- Class attendance
- Performance
- Reflection
- Report
- Presentation of the results to the group
- Assessment
- Evaluation by the teacher and a colleague

y32 JOB PLACEMENT

(3-9 ECTS credits, 80-240 hrs)

Learning outcomes

Students are introduced to working life and provided skills for recognising learning needs and the direction of their studies. The length of the practical placement is 1–3 months and it is completed at a separately agreed upon time.

Assessment

Pass/Fail

The extent of this study module is 3-9 ECTS credits depending on the scope of the reported job placement. The course is marked as completed by the head of the student's own department.

Preceding courses

The student is recommended not to commence the placement period before the 4th year of study.

Instruction and study

- Student defines the objectives of the job placement
- Supervisor to be appointed for the job placement
- Length of the practical placement is 1 to 3 months; it is completed at an independently agreed upon time
- Report (individual work)

Performances

- Student writes a report (one page) on the job placement based on learning diaries.
- Report must be submitted after the job placement.

3vx38 MASTER CLASS

(0.5–3 ECTS credits, 14-80 hrs)

Learning outcomes

Students develop skills in their main instrument and meet teachers both from Finland and abroad.

Assessment

Pass/Fail

Instruction and study

Group or individual instruction

Methods

- Possible final concert
- Performances and assessment
- Class attendance
- Observation of teaching
- Brief written report
- Assessed by the head of department, master class instructor, or teacher-in-charge

3v29 BODY MAPPING

(2 ECTS credits, 53 hrs)

Learning outcomes

To learn to understand the functioning of the body in order to find the most economical way of playing. The purpose of this is to help musicians avoid stress injuries, to unleash the sound of the instrument and to enhance the musician's expressivity.

Assessment

Pass/Fail

Instruction and study

28 hours in small groups (approx. 10 students)

Requirements

Class attendance

3v60 FELDENKRAIS METHOD

(1-2 ECTS credits, 27-54 hrs)

Feldenkrais method is learning with the body. It's based on the human nervous system's natural ability to learn.

Learning outcomes

- Students learn more of their bodies, they learn to be aware of the quality of their movements, and they realise the benefits of total body use. The method is used to make expression and movement more diverse, to introduce students to using their full potential.
- During lectures, students observe their own movement habits and try out new opportunities. Method's moves are very subtle and instructed.

Assessment

Pass/Fail

Instruction and study

Group instruction 18 hrs

Performances

Class attendance

3v46 PHYSICAL EDUCATION

(1-2 ECTS credits, 27-60 hrs)

Learning outcomes

Students receive information and ideas to get fit and maintain fitness.

Assessment

Pass/Fail

Instruction and study

Group instruction max 56 hrs

Performances

Class attendance

3v48 PILATES

(0.5-2 ECTS credits, 14-53 hrs)

Pilates is a body control programme that focuses on the core postural muscles and helps to strengthen them so they support the body better. Courses will be offered for different instrument groups in order to concentrate on the challenges of the respective instruments.

Assessment

Pass/Fail

5v37 Musician's Ergonomy

(2-3 ECTS credits, 54-80 hours)

Learning outcomes

Students will:

- learn the basics of body and health
- learn to recognize the work postures that stress the body and the musculoskeletal system and find solutions and ways to decrease stress.
- learn to apply related skills in their professional life

Assessment

By the teacher(s) pass/fail

Instruction and study

- Theory lessons a maximum of 40 hours
- Group work

Methods

Assignment and learning diary

Performances

1. Class attendance
2. Successful completion of the development assignment
3. Group work
4. Maintenance of a learning diary

First Aid for Violinists (2 ECTS credits, 54 hours)

Learning outcome

Awareness of the functions of the human body and possible negative stress factors related to violin and viola playing with beneficial exercises for the body and improved instrument technique

The objective is to prevent violin and viola students' musculoskeletal disorders.

Benefits and impact:

Increased awareness of good violin and viola ergonomics, body control, instrument-related risks and their prevention as well as beneficial physical exercises, which will prevent and minimise violin and viola students' musculoskeletal disorders. Later, as instrument teachers, students will be able to guide future instrumentalists in finding an appropriate playing position.

Assessment On a scale of pass/fail

Introduction and study

- Lectures, contact teaching and a check-up; a maximum of 11 hours
- Independent practice

This module (lectures and contact teaching) can be attended by Sibelius Academy's registered violin and viola students, also those studying at Junior Academy or DocMus.

An independent module will be organised both in the autumn and the spring semesters. This module can be attended twice. No more than six students per module.

Methods of completion and assessment

Class attendance and independent practice

3v57 COMPETITION

(3-10 ECTS , 80-267 hrs)

Learning outcomes

- Students learn to put together a repertoire that both develops and supports their strengths. By enrolling in a competition, the student commits to persistent practice. Participation in a competition will accustom the students to work under pressure and to handle public criticism of their work.
- The students are also expected to be able to assess the different parts of their performance after the competition.

Course description

Repertoire

Assessment

Pass/Fail

Performances

- Participation in a competition
- Written report

3a1 MUSIC LIFE

(2-3 ECTS credits, 54-80 hrs)

Learning outcomes

Students advance their musical knowledge by studying widely concert and stage music.

Assessment

Evaluated by the teacher appointed by the department head on a scale of pass/fail.

Requirements

Attendance at a minimum of nine events mentioned above, and a brief description of each performance (a minimum of four pages)